

TOWN OF NEWBURGH RECREATION DEPARTMENT ALICE DESMOND CENTER FOR COMMUNITY ENRICHMENT



**S
U
M
M
E
R

2
0
2
5**



**ALICE DESMOND CENTER FOR COMMUNITY ENRICHMENT
6 ALBANY POST ROAD
NEWBURGH, NY 12550
Desmond-info@townofnewburgh.org
(845) 565-1326**



ONLINE REGISTRATION

Please visit this site:

<https://townofnewburgh.recdesk.com/Community/Home>

Follow these steps:

SET UP YOUR INDIVIDUAL AND FAMILY PROFILE

1. Click Log In and then create a New account to begin process of entering your Profile then click Continue.
2. Fill out all fields and click Submit to complete the Profile setup process.
3. Be sure to do this for ALL FAMILY MEMBERS who will be registering for or paying for (Parents/Guardians) programs. New family members can be added by going to your profile page and clicking the Add Household Member link.

REGISTERING FOR PROGRAMS

1. Registrations can be initiated by either clicking on the Register button on the Program List page or while viewing the Program Detail.
2. This will display the Program Registration form. Choose the Family Member registering for the program (not the Parent/Guardian), the appropriate Fee Type and then answer any additional questions that may be required for the program.
3. The new Registration will be added to your Shopping Cart and is ready for Payment. At this point, you can add more registrations to the shopping cart or complete the registration(s) by going through the Payment/Checkout process.

CHECKOUT AND PAYMENTS

1. Registrations are NOT complete until you go through the Checkout process. If there are pending registrations in your cart, go to your Shopping Cart and click Checkout.
2. You will be directed to the Waiver page where you must click Accept to continue.
3. Fill out credit card information and click Continue. You will then be presented with a summary of the transaction. Click OK to complete the transaction or Cancel to go back.
4. If you clicked OK, your credit card will be processed and the registration process will be complete.

ART:

Oil & Acrylics

Instructor: Jodi King

Beginners to advanced painters are welcome! Jodi King teaches how to use either oils or acrylics, brush techniques and more. Students must bring a picture of what they would like to paint along with the supplies provided on a list for this class. The list will be provided after registration is completed.

Session I: 4 sessions beginning Tues., May 6, from 10:00 a.m.-1:00 p.m.

Session II: 4 sessions beginning Tues., June 3, from 10:00 a.m.-1:00 p.m.

Session III: 4 sessions beginning Tues., July 8, from 10:00 a.m.-1:00 p.m.

Session IV: 4 sessions beginning Tues., August 5, from 10:00 a.m.-1:00 p.m.

Res: \$70/Non-Res: \$75



Introduction to Brush Calligraphy

Instructor: Marjorie Politi

Have you always wanted to learn calligraphy? Brush calligraphy is a great way to achieve those thick and thin strokes that make the letterforms so beautiful, but without the worry of nibs and ink. In this 5-week

course you'll learn the basic strokes for both the uppercase and lowercase alphabet, including numbers and punctuation. Once you learn the fundamental strokes, you'll learn how to connect the letters, and form words. And even if you don't remember these strokes, you'll have enough reference to practice and continue your lettering journey. A fun project will be included. All levels are welcome! The supply list will be provided.

5 Tuesdays, beginning July 15, from 9:00 a.m.-11:30 a.m.

Res: \$125/Non-Res: \$130

Watercolors

Instructor: Len DeVirgilio

Students will observe a watercolor demonstration and then choose their subjects demonstrating the use of watercolors from drawing to a completed painting. Supply list will be provided. Previous drawing experience is required.

Session I: 6 sessions beginning Weds., May 7, from 9:00a.m.-11:30a.m.

Session II: 6 sessions beginning Weds., July 9, from 9:00a.m.-11:30a.m.

Res: \$135/Non-Res: \$140

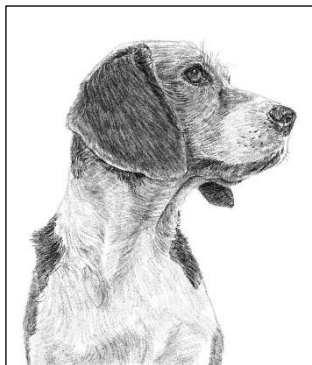
Painting with Pastels “Still Life Class”

Instructor: Gayle Clark Fedigan

This course will focus on the handling of the pastel medium while doing still life. All levels from beginning to advanced painters are welcome.

Session I: 6 sessions beginning Fri., May 9, from 9:30 a.m.-12 p.m.

Res: \$145/Non-Res: \$150



Fundamentals of Drawing

Instructor: Donna Prizzi

Let's draw! If you've ever wanted to pursue painting or drawing but didn't know where to start, understanding the basic elements is the key; perspective, line, tone, proportions, shadow, and form. You'll draw from direct observation (and photos as an alternative option). We'll also explore compositional strategies through drawing exercises, simple still life and landscapes. There will be

individual critiques during the class. No experience is necessary.

Session I: 6 sessions beginning Mon., May 19, from 10:00a.m.-12:00p.m. (No classes May 26 or June 30)

Session II: 6 sessions beginning Mon., July 14 from 10:00a.m.-12:00p.m.

Res: \$110/Non-Res: \$115

Pastel Pleinair at Chadwick Lake Summer

Instructor: Gayle Clark Fedigan

All levels, from beginning to advanced painters, are welcome to this landscape workshop in pastels in our beautiful Hudson Valley. Attendees should bring lunch. This program will be held at the Chadwick Lake Boathouse Pavilion.

Tues., May 20, from 9:00 a.m.- 3:00 p.m. (Rain Date: May 21)

Res: \$70/ Non-Res: \$75

Introduction to Origami

Instructor: Christina DiMarco

The world of origami, paper folding, is full of practical uses and also beauty. Come learn the wonderful forms of the flapping bird, the crane (made famous by the story Sadako and The Thousand Cranes) a water cube and Oshizawa's butterfly. A way to make a mobile of these papers will be shared as well. The tools are few, your hands or a folding tool such as a bone or wooden folder, and square colored or decorative printed papers, and a table to fold upon. Bring two small branches to make a mobile as well! All other materials will be provided.

Thurs., June 12, from 9:00 a.m.-12:00 p.m.

Res: \$20 / Non-Res: \$25

Making Earrings with Kat

Instructor: Kat Strickland

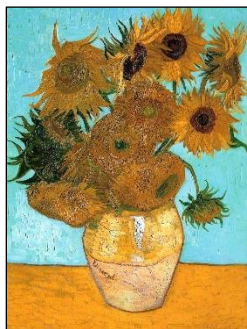
Come make earrings with Kat! Kat will teach you how to make a simple loop that is centered below your ear wire. You do not have to use all the beads in your kit, and you can also choose from extra beads on the table. Choose between Stainless Steel, Silver, or Gold hardware. Students can make up to two pairs of earrings. All supplies, tools, and soft working mats are provided. Bring your readers if you need help seeing tiny things!

Fri., July 11, from 10:00 a.m.-11:30 a.m.

Res: \$50/Non-Res: \$55



ART HISTORY:



Flowers and Sunflowers of Vincent Van Gogh

Instructor: Laura Nicholls

Vincent Van Gogh sought solace in the natural world, to which he returned time and again for artistic inspiration. During his years in Paris, Van Gogh's still life florals played a decisive role in the pivotal change that his style underwent - as he feverishly produced countless paintings that showcased a more vibrant use of color and innovative brushwork. In addition to sumptuous

irises and almond blossoms, it was his sunflowers that became his most remembered. The series completed in Arles in the late 1880's is among his

most famous - as they symbolically reflect his love of the color yellow, as well as the sunflower itself being a symbol of devotion and loyalty.

Please join us as we meander among Van Gogh's vibrant florals and discover how, in a letter to his brother Theo, he "found comfort in contemplating the sunflowers."

This talk is in advance of the Town of Newburgh's Recreation Department trip to the NY Botanical Garden to see 'Van Gogh's Flowers' an exhibition that promises 'botanical displays and large-scale art' based on Van Gogh's expressive floral paintings.

Session I: Weds., June 11, from 12:30 p.m.-2:30 p.m.

Session II: Thurs., June 12, from 12:30 p.m.-2:30 p.m.

Res: \$15 / Non-Res: \$20

Trip to the New York Botanical Garden

Join us at the Town of Newburgh for a trip the New York Botanical Garden to enjoy Van Gogh: Painting with Flowers Exhibition. Your ticket cost includes round trip motor coach transportation and a Garden Pass for the Expedition as well as the conservatory. Enjoy lunch on your own at the Pine Tree Cafe'. Take a stroll through the gift shop to purchase something memorable. Please feel free to bring a small bag or cooler on the bus.

Fri., June 13

Bus departs Recreation Center: 8:30 a.m.

Bus returns Recreation Center Approx: 4:00 p.m.

Residents: \$73/Non-Residents: \$83



**John Singer Sargent:
An American in Paris
Instructor:**

Laura Nicholls

John Singer Sargent, one of the most well-known 19th Century American

painters, arrived in Paris as an 18-year-old art student in 1874.

Unbeknownst to him, 1874 was to be an explosive year in the contemporary Parisian art scene, as the Society of Independent Artists opened its first radical exhibition - now known as the 'First Impressionist Exhibition' and became known as the birth of Modern French Painting.

While in Paris, a young Sargent received his artistic training under the master Carolus-Duran, developed his style, and was immersed in a cosmopolitan circle of artists, writers, and patrons. Within the following

decade Sargent achieved recognition by creating boldly ambitious portraits and figure paintings that pushed the boundaries of conventionality - culminating in the mid-1880's, when he moved to London after the scandal caused by his portrait of Madame Gautreau (Madame X) at the Salon. Please join us as we explore John Singer Sargent's meteoric rise as a stylistic painter with personality, and his ascending career in Paris - the 19th Century art capital of the world.

This talk is in advance of the Town of Newburgh's Recreation Department trip to the Metropolitan Museum of Art to see 'Sargent and Paris' an exhibition that will provide "Sargent's stunning works and provide a compelling view of the Paris art world of the late 19th century."

Weds., July 9, from 12:30 p.m.-2:30 p.m.

Res: \$15 / Non-Res: \$20

Chanel and Schiaparelli: Two Fiery Fashionistas

**Instructor: Laura
Nicholls**

Coco Chanel and Elsa Schiaparelli are two iconic 20th C fashion designers, whose designs were on



opposite ends of the spectrum. Chanel opted for sleek and neutral, whereas Schiaparelli worked within the Surrealist art movement of the 1930s.

Born into poverty and raised in a convent orphanage, Gabrielle Bonheur (Coco) Chanel began her career as a milliner in 1909. After World War I Chanel emancipated women's fashion from corsets and full-length gowns by taking inspiration from men's fashion to include trousers and soft-knit tops - ground breaking concepts of the time!

Born in Rome in 1890 to an aristocratic family, Elsa Schiaparelli knew what she wanted in life, and refused to marry any of the rich suitors offered to her by her parents. After a brief marriage and time spent in London and the US, Schiaparelli returned to Europe post World War I and delved headfirst into the fashion scene, as well as the Surrealist and Dada art movements that were beginning to make waves in the contemporary art world. She made a name for herself selling her famous trompe l'oeil sweaters - featuring objects that were not as they would seem to be.

A fiery feud, stemmed by profound jealousy, developed between these two designers in the 1930's. This was mainly due to their individual popularity, contrasting fashion approaches and craftsmanship. Abruptly halted by the onset of World War II, both designers had to shut down their shops. Elsa

stayed out of the limelight while the war waged on, Coco became a Nazi spy.

Please join us as we explore the life, work, and feuds of Coco Chanel and Elsa Schiaparelli - two designers who hailed from opposite familial and cultural backgrounds - and yet became titans in the fashion world.

Weds., Aug. 13, from 12:30 p.m.-2:30 p.m.

Res: \$15 / Non-Res: \$20

FILMS:



Four Films- The Era of Great Musicals! One War Won and Another Begun!

Instructor: George Burke

No sooner had Hollywood won "The War," it was presented with another: television! With these next offerings, we will view Hollywood's attempt to gain the high ground with "The Small

Screen!" Almost at once, ticket sales plummeted as audiences stayed home to watch "Uncle Miltie" and the like! The studios "Star System" evaporated and new ways were developed, such as Technicolor and Cinemascope, to lure the public back to the seats. The Dawn of "The Epic!" was upon us and the world itself, not just the back lot, was to be its stage! Of course, a successful Broadway run was key, likewise the genius of a gifted few, such as Rogers and Hammerstein and Lerner and Lowe! Many took home "Gold!" in various categories and we all know the words by heart! So, for the next few weeks come enjoy the results of this Great Era!

Summer Session I:

Fri., May 9- Words and Music 1948

Fri., May 23- On the Town 1949

Fri., June 6- Show Boat 1951

Fri., June 20- The Royal Wedding 1951

10:00 a.m. – 12:30 p.m.

Res: \$40 / Non-Res: \$45

Summer Session II:

Fri., July 11- An American in Paris 1951

Fri., July 25- Singing in the Rain 1952

Fr., August 8- The King and I 1956

Fri., August 22- Gigi 1958

10:00 a.m. – 12:30 p.m.

Res: \$40 / Non-Res: \$45

Film Noir: A New War 1950 – ‘53

Instructor: Roxanne Patton

The Cold War and the fear that miscalculation could send it nuclear and the ensuing McCarthyism is the back drop for these Noir films. The peace that was promised at the conclusion of WWII has not fully materialized though nations of the West continue to rebuild from the war's devastation. To most American lives, there is still a sense of anxiety; nothing has changed.

Series 5 (1949 – 1950)

Fri., July 11- White Heat

Fri., July 25- Where the Sidewalk Ends

Fri., August 8- In a Lonely Place

Fri., August 22- Gun Crazy

4 Fridays, July 11, July 25, August 8 and August 22

1:00 p.m.- 3:00 p.m.

Res: \$60 / Non-Res: \$65

LANGUAGE:



Gaelic

Instructor: Irish Cultural Center Hudson Valley

This sample class will start by very briefly addressing where in Ireland and Scotland Gaelic is spoken as a native language and the relationship of Gaelic to other languages. We will then immediately dive

into lesson one which will cover the consonants and vowels of Gaelic and how to pronounce them and will be followed by simple greetings and inquiries commonly used when meeting people. We will discuss word order and idiom and focus on reading, writing and most importantly speaking Gaelic with correct pronunciation and accent. Students will be made aware of and invited to become a part of an international movement to expand the use of Gaelic both in Ireland and Scotland and abroad. We will briefly address the differences between Irish Gaelic and Scottish Gaelic that have resulted from separation due to historical circumstances and how they are coming together once again in the modern era.

Thurs., May 15, from 1:00 p.m. - 2:30 p.m.

Res: \$15 / Non-Res: \$20

Beginning Japanese

Instructors: Charles and Susan Leach

This 5-week class will introduce the basics of reading and writing, as well as speaking with correct pronunciation. Students will work on common expressions, simple conversational patterns and

beginning grammar. We will also practice the writing of phonetic symbols (hiragana and Katakana) as well as some basic characters (kanji). Learning the rules of writing—such as stroke order and balance—equips students to move ahead on their own if they are so motivated. The course will also introduce some online resources that can help students practice and gain proficiency in Japanese.

5 Wednesdays, beginning May 21, from 10:00a.m.-11:30a.m.

Res: \$50/Non-Res: \$55



Signing for Babies and Children

Instructor: Rebecca O'Herron

Many parents find that signs can be helpful for babies to use when they are too young to learn to speak. It is easy for babies to learn. Also, many younger children and some adults as well who have various communication difficulties eagerly respond to signs. This course will focus on vocabulary and easy phrases relating to daily needs, routines, and emotions of young ones. It is for any adult who wants to begin to understand and to properly teach beginner level sign language. Stories, dialogues and songs will be used to reinforce vocabulary in a natural way. Note...this is not meant to be a highly technical American Sign Language course, and, therefore, not so hard!

4 Tuesdays, starting June 3, from 10:00 a.m.-11:30 a.m.

Res: \$60/ Non-Res: \$65

SPEAKER SERIES:

Passionate Mothers, Powerful Sons

Instructor: Barbara Somers

Born into upper- middle class America in the same year 1854, Sara Delano (later to become the mother of Franklin Delano Roosevelt) and Jennie Jerome (later to become the mother of Winston Churchill) lived life on their own terms, and enabled their sons to reach the epicenter of political power on two continents. Jennie Jerome a vivacious extrovert in total contrast to Sara Delano a deeply conventional and private person. Though their personalities and choices could not be more different, their efforts achieved similar results. Join Instructor Barbara Sommers for a look into these two historical women.

Tues., May 13, from 10:30 a.m.-12:00 p.m.

Res: \$15/Non-Res: \$20



James Madison Travels Through NY and New England

Instructor: Historical Performer Kyle Jenks

In 1791, our nation's capital was Philadelphia, and the tenor of the times was highly stressful. George Washington was President, James Madison was a Congressman, and Thomas Jefferson was Secretary of State. Congressman Madison wrote to his brother that he would like to take a trip: "...simply for

health, recreation and curiosity." His best friend, Jefferson, agreed to accompany him. What was so stressful that these two titans decided to skip town? What was their trip like? What did it accomplish? This story captivates for its intriguing, insightful, and poignant moments. As John Quincy Adams describes them: "The mutual influence of these two mighty minds upon each other, is a phenomenon, like the invisible and mysterious movements of the magnet in the physical world..." Join Historical Performer Kyle Jenks as he shares the story of James Madison's travels through New York and New England.

Weds., May 14, from 1:00 p.m.-2:00 p.m.

Res: \$15 / Non-Res: \$20

Andrew Jackson – Populist President

Instructor: Tom DeStefano

Nicknamed "Old Hickory" by his troops for his determination and sacrifice during the War of 1815 Andrew Jackson emerged as a hero during the Battle of New Orleans. Quick to take offense, Jackson was known for his sudden flashes of rage and propensity for dueling. His time in office was characterized by an opposition to institutions, dismantling the Second Bank of the United States, and signing the Indian Removal act and Trail of Tears relocation of Native American tribes to western lands. Andrew Jackson is Donald Trump's favorite President.

Tues., May 20, from 10:00 a.m.-11:30 a.m.

Res: \$15 / Non-Res: \$20

Dick Clark's American Bandstand – Philadelphia – 1957-1963

Instructor: Rick Feingold

American Bandstand originated in 1957 as a five-day-a-week afternoon television show. It featured teenagers dancing to Top 40 records introduced by Dick Clark. Students would dance on the show which all their teachers watched. This program set in Philadelphia between 1957-1963 features original live Bandstand performances of *Rock Around the Clock* with Bill

Haley and the Comets, *Mack the Knife* by Bobby Darin, *Tears on My Pillow* by Little Anthony, *Charlie Brown* by the Coasters, *Great Balls of Fire* by Jerry Lee Lewis and *Rock 'n Roll is Here to Stay* by Danny and the Juniors and more.

Tues., May 20, from 11:30 a.m.-1:00 p.m.

Res: \$15 / Non-Res: \$20



A Journey Through Southeast Asia- Thailand, Cambodia, Laos, and Vietnam

Instructor: Barry Kass

Barry Kass, Professor emeritus of Anthropology at SUNY Orange, will take the class on an exploration of the people, cultures, and landscapes of Southeast Asia. Highlights will include

the incredible temples of Angkor Wat in Cambodia, the bustling city of Bangkok in Thailand, a journey on the Mekong River in Laos, and a visit to Ho Chi Minh city and Hanoi in Vietnam. We will also visit the traditional hill tribes of northern Vietnam and take a cruise on Ha Long Bay along the coast of Vietnam, to observe the amazing geological formations which rise up from the South China sea.

Thurs., June 5, from 1:00 p.m.- 2:30 p.m.

Res: \$15/Non-Res: \$20

Eleanor and Franklin: Public Admiration; Personal Strife

Instructor: Anthony Musso

Join Anthony Musso for a look into the life of Eleanor and Franklin Roosevelt! He will examine the couple's numerous accomplishments while FDR was the United States President and his wife acted as his eyes, ears and legs, visiting troops overseas during World War II evaluating WPA government building projects, and even entering coal mines to observe the working conditions of miners. She then reported her findings back to her husband, who obviously, being wheelchair bound could not undertake those activities. The personal aspect of their challenging marriage is also reviewed, as well as the way they eventually lived their separate lives in a co-existent state.

Mon., June 9, from 10:00 a.m.-11:30 a.m.

Res: \$15 / Non-Res: \$20



How Music Serves a Purpose in Film

Instructor: Joshua E. Long, PhD

Join conductor, performer, researcher, teacher, and technician Joshua E. Long, PhD of Art & Music Emporium, Inc. for the lecture “How Music Serves a Purpose in Film.” This presentation will focus on how music serves the art of film through

story, plot, script, acting, cinematography, editing, sound effects, and soundtracks. Though there will not be enough time to watch a whole movie during the course, selections from films such as *Blue Brothers*, *The Shining*, *Grease*, *1941*, *Nightmare Before Christmas*, *Home Alone*, *West Side Story*, *Wizard of Oz*, *Polar Express*, and so on will be used to discuss main points. Music by Danny Elfman, John Williams, Leonard Bernstein, Alan Silvestri, and Hans Zimmer will be of the many film composers discussed.

Weds., June 25, from 1:00 p.m.-2:30 p.m.

Res: \$15 / Non-Res: \$20

History of Native Americans and Alice Desmond

Instructors: Charlie Ford and Frank Kieck

This lecture series will discuss the history of Native Americans including their history, culture, and how against all odds native people survived the arrival of European explorers. The program will tell of the arrival of the First Americans in the Western Hemisphere, their history, culture including the Native Americans who lived in the Hudson Valley and their connections to Alice Desmond.

4 Fridays, June 27, July 18, August 1 and August 15, from 12:00 p.m. – 2:00 p.m.

Res: \$60/ Non-Res: \$65

The Battle of Los Angeles and the Ghost Blimp

Instructor: David Topps

The weeks and months following the attack on Pearl Harbor were a time of anxiety and dread for Americans, particularly those living along the West Coast. David Topps shares with us some of the frightening and mystifying--not to say eerie--events of those months as we relive the most nerve-rattling days of the United States' home front during America's involvement in the Second World War--and beyond.

Tues., July 8, from 10:00 a.m.-11:30 a.m.

Res: \$15/Non-Res: \$20

John Paul II

Instructor: Tom DeStefano

During World War II the future Pope Karol Wojtyła faced being kidnapped by the occupying German Army and being sent to a slave labor camp. Instead he worked under harsh conditions in a rock quarry to avoid deportation to Germany. During the war he helped protect Polish Jews from the Nazis. As Pope, he was an outspoken opponent of apartheid in South Africa. John Paul II is credited with being instrumental in bringing down Communism in Eastern Europe by starting the non-violent movement in opposition. He served as Pope for 26 years and received the United States highest civilian honor the Presidential Medal of Freedom.

Mon., July 14, from 10:00 a.m.-11:30 a.m.

Res: \$15 / Non-Res: \$20

The Harvey Girls – Civilizers of the Wild West

Instructor: Rick Feingold

The Santa Fe Railroad provided passenger train service between Kansas and New Mexico beginning in the late 1800s replacing the old stagecoach Santa Fe Trail. Fred Harvey opened eating houses along the railroad providing high standards of dining at train stops. He recruited young women from throughout the country to work in his restaurants. This influenced the 1946 MGM movie musical *The Harvey Girls* starring Judy Garland and the Academy Award winning song *On the Atchison, Topeka and the Santa Fe*.

Mon., July 14, from 11:30 a.m.-1:00 p.m.

Res: \$15 / Non-Res: \$20

American Code Girls

Instructor: Cindy Topps

Thousands of talented women were secretly recruited and trained during World War II to become code breaks for the US Army and the US Navy. Working tirelessly at two codebreaking centers in the Washington DC area, they created codes that provided critical intelligence information against the Germans and Japanese. Hear how it wasn't just the Bletchley ladies that were doing all the "breaking".

Tues., July 15, from 10:00 a.m.-11:30 a.m.

Res: \$15/Non-Res: \$20

Did the Big Bang Really Happen?

Instructor: John Fontana

The Big Bang has been proposed as one theory about the beginning of our universe. Join us at this presentation to discuss what banged, why it banged, and what was there before the bang. We will also cover other theories that have been postulated for how we got everything from seemingly nothing, whether multiple universes exist, and what the future holds for the universe we inhabit.

Weds., July 16, from 11:00 a.m. – 12:30 p.m.

Res: \$15 / Non-Res: \$20



Hudson River Essentials

Instructor: Eli Schloss

How has the Hudson changed since Henry Hudson sailed upriver in 1609? What will the future Hudson River look like? What are the essential elements of a healthy Hudson River Estuary? Join Clearwater educators to learn

more about our amazing entity we call the Hudson, and the work we do to improve the lives of Valley residents. This lecture will discuss the history, beauty, and challenges facing the Hudson River. Learn more about the animals that live there and what human animals have done to the river and what we can do to turn the tide to a healthier Hudson River.

Weds., July 30, from 12:00 p.m. – 1:30 p.m.

Res: \$15 / Non-Res: \$20

Luis Moses Gomez: A Story of the Nation's Earliest Jewish Dwelling

Instructor: Alex Prizgintas

Join Alex Prizgintas for a look into businessman Luis Moses Gomez, a Jewish refugee who was a member of New York City's Shearith Israel congregation. Expanding his business interests northward in 1716, Gomez purchased land in Marlboro, New York, where he occupied this important intermediary role between local residents and the expanding market revolution. Gomez's position in this changing society, as well as the three centuries of history endured by his Hudson Valley property known today as the Gomez Mill House, are extraordinary lenses through which socioeconomic and cultural advancements in the Hudson Valley can be observed.

Mon., August 4, from 10:00 a.m.-11:00 a.m.

Res: \$15/Non-Res: \$20

FDR's Cabinet

Instructor: Jim Gorman

In the face of the Great Depression and WWII, Franklin Delano Roosevelt assembled an unlikely team. Join instructor Jim Gorman, for a look at the team FDR assembled to help during these times.

Weds., Aug. 20, from 10:00 a.m.- 12:00 p.m.

Res: \$15 / Non-Res: \$20

EXPLORE & EXPAND:

Japanese Home Cooking: Karaage Chicken

Instructor: Susan Leach

In this session students will learn to prepare Karaage chicken, deep-fried chicken dish served with lemon wedges on a bed of lettuce. This is a fun, family friendly dish that's inexpensive and easy to prepare. The class will make enough to enjoy a light lunch together.

Weds., May 7, from 10:00 a.m. – 12:00 p.m.

Res: \$25 / Non-Res: \$30



How to Buy and Sell Real Estate Wisely

Instructor: Rick Nathan

The instructor, Rick Nathan, is a consumer advocate and not a real estate agent. He has been buying and selling real estate for twenty years. He will show you step by step various

techniques to save money and how not to get ripped off in real estate. You will be taught how to buy and sell your home, foreclosure property, raw land, condominium, co-op, multi-family, vacation home, timeshare, or retirement home with or without a realtor for the best possible price. Also, you will be taught how to buy investment properties. The instructor will show you various ways to protect your most valuable asset, your real estate. The following topics will be discussed: mortgage sources, rent with option to buy, screening potential buyers, buying for no money down, buying foreclosures, and how to sell your own home without a realtor. In this popular seminar, he will share his knowledge with others. He is not a realtor, but a consumer advocate who has taught this seminar in New York,

New Jersey, Pennsylvania, Delaware, and Connecticut. There is an optional \$20 material fee payable to the instructor the day of the class.

Mon., May 12, from 10:00 a.m.-12:00 p.m.

Res: \$15 / Non-Res: \$20

**Keepers of the Light: Women Lighthouse Keepers of the Hudson River
Instructor: Emma Cariello**

Women have kept the lights since the earliest days of the Hudson River lighthouses. Starting in the 1830s until automation in the 1950s, nearly a dozen women were official lighthouse keepers on the Hudson River, several with careers of over forty years. Others were unjustly turned out from their posts. Some weren't official keepers at all, but did the duties nonetheless. Learn about the careers and personal lives of these female keepers, what it took to be a lighthouse keeper, and why the Hudson River had more women lighthouse keepers than most places in the United States.

Mon., May 12, from 1:00 p.m.-2:30 p.m.

Res: \$15 / Non-Res: \$20

Sharing Stories Through Song

Instructor: Iris Jackson

Did you ever consider that music helps us tell the stories of our lives? Or, how music brings us together in community? This class is for people interested in sharing the songs that have significant meaning in their life. Musical choices can be any genre. Examples can be based on the Spring Season, time periods, events, ages, and stages or where music played a memorable role in your life. Participants will be asked to bring their favorite song(s) with a recording and lyrics of a song that they would like to share for discussion with the group.

Weds., May 14, from 10:30 a.m.- 12:00 p.m.

Res: \$15 / Non-Res: \$20

Fragrance Building Workshop

Instructor: Maritza Romero/Heaven Scent Candle Co.

Join us at the Desmond Center for a hands-on fragrance experience where you'll learn the art of perfume blending and create a custom scent that's uniquely yours! What you'll learn: the benefits of fragrance notes (top, middle and base), how to blend essential and fragrance oils and tips for long lasting perfumes. Come and join us for a fun filled day!

Thurs., May 15, from 9:00 a.m.- 12:00 p.m.

Res: \$30/ Non-Res: \$35

Beginning Mah Jongg

Instructor: Barbara Gottlock

The basic rules and strategies of the game of Mah Jongg will be taught. Mah Jongg cards will be available for an additional fee of \$14, payable directly to the instructor on the first day of class.

4 Thursdays starting May 29 (No class June 19) from 10:00 a.m.-12:00 p.m.

Res: \$25/Non-Res: \$30

Enlivening Your Life in Retirement

Instructor: Linda Gendelman- Licensed N.Y.S. Mental Health Counselor

Present and future retirees will share ideas on how they can have an enjoyable and meaningful retirement. They will examine some examples of those who are vitally involved in a variety of experiences taken from the research of Erik Erikson's and others in the field of retirement and aging. These examples will serve as a model for completing an activities chart so that they explore their present and past interests and plan for the future. They will brainstorm in pairs and in the group. This is meant to be a one-day seminar extending for two hours with a break after the first hour.

Fri., June 13, from 10:00 a.m.- 12:00 p.m.

Res: \$15 / Non-Res: \$20



Photos of Note

Instructor: Iris Jackson

Presentation and discussion will center around participant and instructor photographs. Simple methods to take, store, show and share your photos will be part and parcel of the group conversation. Be they faded or new - how are these pictures meaningful to you?

This class is a forum for visual learners to share together and to discover how the enjoyment of taking pictures, combined with modern technology, can provide answers for solving these memory saving issues.

Weds., June 18, from 10:30 a.m.-12:00 p.m.

Res: \$15 / Non-Res: \$20

Coping with Family Dynamics

Instructor: Diane Lang

A growing number of adults have cut off all contact with their parents for 'mental health' reasons. Family dynamics can be complicated, and going 'no or low contact' is one approach gaining traction. How can parents deal with estrangement and low communication? Learn what is meant by low or no contact and understand the reasons behind either choice.

Weds., June 18, from 1:00 p.m.- 2:30 p.m.

Res: \$15 / Non-Res: \$20

Bonsai Basics

Instructors: James Presutti

Have you always wanted your very own bonsai tree, but you don't know where to start? Bonsai Basics is an introductory workshop for those who are new to the art of bonsai. It will include creating your own bonsai to take home and how to care for it.

Mon., June 23, from 10:00 a.m.-11:30 a.m.

Res: \$40/ Non-Res: \$45

Body Lotion Workshop

Instructor: Maritza Romero/Heaven Scent Candle Co.

Join us at the Desmond Center for a hands-on workshop where you'll create your own moisturizing body lotion using natural ingredients. Whether you're looking for a healthier skincare alternative or a fun DIY experience, this workshop is perfect for you! What you'll learn: the benefits of natural ingredients for your skin, how to blend oils, butters and emulsifiers for the perfect lotion and tips for long lasting hydration. Come and join us for a fun filled day!

Thurs., June 26, from 9:00 a.m.-12:00 p.m.

Res: \$25/ Non-Res: \$30

Edible Plants

Instructor: Hudson Highlands Nature Center

Join a Hudson Highlands Nature Center educator to learn about the different edible plants in our area! Discover how to identify, prepare and eat local plants that can be found in your backyard, both native and invasive!

Fri., June 27, from 10:00 a.m.-11:30 a.m.

Res: \$15 / Non-Res: \$20



Songs of the Summer

Instructor: Iris Jackson

Are you ready for the Summer? Get your best summer songs together and join us for a song swap where we will share why these songs are on our “Best of the Summer” list. Whether it’s your favorite road trip tunes, or those you listen to on the beach, at your party, or maybe to cool you off on those long, hot summer days. All styles and genres welcome, as long as you are willing to bring a recording and share why these songs have meaning for you.

Weds., July 9, from 10:30 a.m.-12:00 p.m.

Res: \$15 / Non-Res: \$20



Amphibians

Instructor: Hudson Highlands Nature Center

Join a Hudson Highlands Nature Center educator to learn about the fascinating world of amphibians. The program will dive into the interesting adaptations and life history

strategies of frogs and salamanders in our local area and beyond.

Fri., July 18, from 10:00 a.m.-11:30 a.m.

Res: \$15 / Non-Res: \$20

Chair Seat Weaving Techniques

Instructor: Sheldon Stowe

Bring a chair in need of repair and learn how to cane, rush, or splint chair seats through demonstration and hands-on learning! Sheldon Stowe will teach the techniques of chair seat repair for cane seats that have holes in the frame to weave a groove, which the cane is glued on to. Rush seats have four rungs that the material is woven around, and split seats use flat reed to weave around the four rungs. Bring a chair and learn how to reweave the seat. Bring a bucket, rag, and knife, and Sheldon will supply the rest. Bring a chair - material fee is \$20 per chair.

4 Fridays beginning July 18 from 10:00 a.m.-12:00 p.m.

Res: \$55 / Non-Res: \$60

Introduction to Microsoft Excel

Instructor: Vincent Kayes

This course presents preparing and formatting an Excel worksheet. Preparing Excel workbook covers, creating a worksheet and saving a workbook. Learn to identify various elements of the workbook, create, save and print a worksheet or workbook, enter and edit data, insert a formula via the autosum button. Apply basic formatting to cells. Learn to write formulas with math operators and by typing into the formula bar as well as how to copy a formula. Create absolute, relative and mixed cell references. Use the insert function feature to insert a formula into a cell and write formulas with AVERAGE, MAX, MIN, COUNT, PMT and FV. Participants are encouraged to bring their own laptop.



Monday, July 21, from 10:00 a.m. – 12:00 p.m.

Res: \$15 / Non-Res: \$20

Body Butter Workshop

Instructor: Maritza Romero/Heaven Scent Candle Co.

Join us at the Desmond Center for a fun and interactive workshop where you'll learn to make Whipped Body Butter using all-natural ingredients! Perfect for self-care, gifts or starting your own skincare journey. What you'll learn: the benefits of natural butters and oils for your skin, how to customize scents with essential oils and tips for long lasting, nourishing skincare. Come and join us for a fun filled day!

Thurs., July 24, from 9:00 a.m.- 12:00 p.m.

Res: \$30/ Non-Res: \$35



Acoustic Blues Guitar Performance **Performer: Bennett Harris Horowitz**

Bennett Harris Horowitz presents a lively cross section of traditional American blues guitar music and songs. Bennett sings, fingerpicks, plays harmonica and slide guitar style on vintage 1930s instruments. Most of his pre-WWII repertoire is drawn from down south, including tunes popularized by Robert Johnson, Bessie Smith, Blind Blake, as well as a handful of original songs. In addition to an old Gibson,

Bennett also employs a 1934 National Steel Resonator Guitar for slide tunes, using a brass slide for the authentic Mississippi delta drawl which that guitar imparts. Much of the fingerpicking is rendered in a ragtime-blues style which derives from the renowned guitarist Rev. Gary Davis; Bennett was tutored in this method by Ian Buchanan, a protégé of Davis. The tunes cover a range of human emotions: they are playful, poignant, humorous.

Date: Mon., July 28, from 12:00 p.m.-1:00 p.m.

Res: \$15 / Non-Res: \$20

Eels and the Sargasso Sea

Instructor: Hudson Highlands Nature Center

Join a Hudson Highlands Nature Center educator to dive into the mysterious world of eels. These creatures are very abundant in our local lakes and rivers, but scientists today are still puzzled by these slimy fish. From their reproduction to their journey to the Sargasso Sea, eels are one of the most peculiar fish in the world.

Fri., Aug. 1, from 10:00 a.m.-11:30 a.m.

Res: \$15 / Non-Res: \$20

George Gershwin and the Rhapsody in Blue

Performer: The Kemyndable Flute Trio

To celebrate this milestone for one of the most significant works in the History of American Music, the Kemyndable Flute Trio would like to propose a concert/lecture on the music and life of George Gershwin. As we have successfully done in the past, we will perform some of Gershwin's greatest works and use PowerPoint to expand on his compositional style and to put his music into the story of his life and career.

Mon., August 11, from 10:30 a.m.-11:30 a.m.

Res: \$15 / Non-Res: \$20

Fireflies and Bioluminescence

Instructor: Hudson Highlands Nature Center

Did you know that fireflies communicate with each other using bioluminescence? Many different species all over the world utilize this almost unnatural glow to navigate their worlds. Join a Hudson Highlands Nature Center educator to dive into the world of bioluminescence.

Fri., August 15, from 10:00 a.m.-11:30 a.m.

Res: \$15 / Non-Res: \$20

What Bug Is That?

Instructor: Pamela Golben

Learn how to identify some of the common insects in your yard and discover interesting facts about each one. We will cover the ladybug, praying mantis, bumblebee, stinkbug and more. Some live specimens will be on display.

Thurs., August 21, from 10:30 a.m. - 12:00 p.m.

Res: \$15 / Non-Res: \$20

HEALTH & WELLNESS:

T'ai Chi Chih

Instructor: John Hunter

This class is designed to provide students who have already learned the 19 movements and one pose with ongoing practice and subtle refinements necessary to improve a person's individual T'ai Chi Chih practice. Further discussion about the six principles of how to move and a focus on some of the more complex movements will be included.

Session I: 7 sessions, beginning Tues., May 6, from 1:30p.m.-2:30p.m.

Session II: 7 sessions, beginning Tues., July 8 from 1:30p.m.-2:30p.m.

Res: \$70/Non-Res: \$75 (per session)

Homeopathic Cell Salts & Travel Essentials

Instructor: Ann Marie Silvani

An introduction to Schussler's 12 Tissue Salts. These "energized macro minerals," also known as tissue salts, can gently help mend, strengthen the body and help maintain balance on a cellular level. Learn the basic function and understanding of how to handle common symptoms with these gentle remedies. The class will also review some of the summer essentials to carry

along while traveling with your family. Reference materials and charts will be shared along with supply sources, books and organizations.

Mon., May 19, from 11:00 a.m.-12:30 p.m.

Res: \$15/Non-Res: \$20

On the Move with Nature

Instructor: Wendy H. Lois, MS, NBC-HWC

Join Board-Certified Health & Wellness Coach and Certified Life Coach Wendy Lois for a movement workshop that focuses on walking biomechanics and motor control as well as posture, while integrating elements of nature! Enjoy guided mindful exercises that help improve stress, anxiety and feelings of depression. Learn powerful techniques that leverage the healing power of nature and how to incorporate them into your daily routines.

Weds., May 21, from 11:00 a.m. – 12:30 p.m.

Res: \$15 / Non-Res: \$20

The Travelers' Companion

Instructor: John Albarino

Come join John Albarino to learn about the risks and consequences that travelers face when visiting endemic areas of the world. The topics to be discussed include the signs and symptoms of the disease, as well as the means one can take for personal protection and for the safety of family members and fellow travelers.

Thurs., May 22, from 10:00 a.m.-11:30 a.m.

Res: \$15 / Non-Res: \$20

Chair Exercises for Posture, Strength and Gentle Flexibility

Instructor: Wendy H. Lois, MS, NBC-HWC

Join Board-Certified Health & Wellness Coach/Movement Coach Wendy Lois, for a pilot program exploring gentle chair exercises and stretches sure to improve mobility and other elements of your wellbeing! Learn how this series of gentle movements can reduce pain and improve posture, sleep, range of motion, motor skills, digestion and even your driving! Participants with mobility issues and limitations are welcome and encouraged to participate, as each movement will have several choices and modifications that can work for each person.

Weds., June 4, from 11:00 a.m.-12:00 p.m.

Res: \$15 / Non-Res: \$20



I Want to Eat Better! Nutrition Workshop

Instructor: Wendy H. Lois, MS, NBC-HWC

Join Board-Certified Health & Wellness Coach and Certified Life Coach Wendy Lois for a nutrition workshop designed to educate and empower the older adult to make healthy food choices. The workshop will cover a range of topics related to nutrition, including the importance of a balanced diet, portion control, and the benefits of specific nutrients for seniors. By providing practical tips and information, these workshops aim to improve seniors understanding of their dietary needs and help them adopt healthier eating habits.

Learn about the nutritional value of different foods and how to incorporate them into meals, address common dietary concerns, such as managing chronic conditions like diabetes or heart disease through proper nutrition. Gain knowledge about meal planning, grocery shopping, and cooking techniques that cater to your specific needs.

Weds., June 4, from 12:00 p.m. – 1:30 p.m.

Res: \$15 / Non-Res: \$20

Post Traumatic Growth – Cultivating Growth from Loss

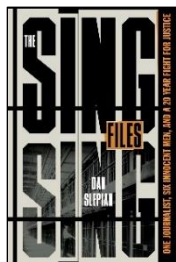
Instructor: Diane Lang

We all go through tough times that can leave us traumatized, but we never talk about the growth that comes from the struggle. 67% of people experience Post-Traumatic Growth after trauma or loss. Use the science of PTG to help turn your trauma into transformation. Learn from the experience to become more resilient and specific skills/tools to cultivate growth.

Weds., Aug. 20, from 1:00 p.m.- 2:30 p.m.

Res: \$15 / Non-Res: \$20

MEET THE AUTHOR:



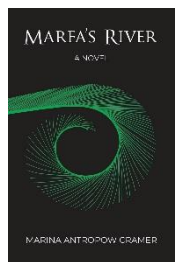
The Sing Sing Files

Author: Dan Slepian

Dan Slepian is an award-winning investigative journalist at NBC News and a veteran producer of its signature newsmagazine, Dateline NBC. Dan Slepian's book, "*The Sing Sing Files*," details the profound and heart-wrenching issue of wrongful convictions. This book is not just a recount of tragic legal missteps; it's a vivid chronicle of a twenty-year journey as a journalist, fighting relentlessly to unearth the truth and secure freedom for six innocent men. The presentation will shine a light on the systemic failures that lead to wrongful incarcerations and the devastating impact they have on individuals and families. It will discuss the role of media in justice, and explore how these narratives have driven policy discussions and legal reforms. This is more than just a book talk; it's a call to action, urging all to become lanterns of knowledge and champions for justice.

Mon., June 2, from 10:00 a.m. – 11:30 a.m.

Res: \$15 / Non-Res: \$20



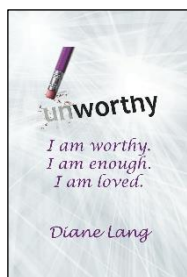
Marfa's River

Author: Marina Antropow Cramer

Join author Marina Antropow Cramer, as she shares a look at her novel, *Marfa's River*, set in Brussels in 1956. Eleven years after a tragic loss, Marfa, a minor character from Cramer's first book, *Roads*, is dealing with the aftermath on her life, her psyche, and her outlook for the future. Marfa's recollections of growing up in Ukraine, surviving the famine, and the Nazi onslaught, form the backdrop for the fragile reality of dealing with her trauma.

Mon., June 16, from 10:00 a.m.-11:30 a.m.

Res: \$15 / Non-Res: \$20



Worthy

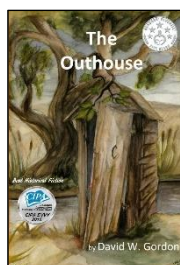
Author: Diane Lang

Join Diane Lang as she shares her new uplifting book, *Worthy: I am Worthy. I am enough. I am loved.* She is a nationally recognized speaker, author, educator, counselor, life coach and media expert with a goal to help people break free from self-sabotage. Diane uses a combination of storytelling, informative resources and affirmations to help others develop self-esteem and

self-worth.

Mon., July 21, from 1:00 p.m.-2:30 p.m.

Res: \$15 / Non-Res: \$20



The Great Depression Through the Lens of *The Outhouse*

Author: David W. Gordon

Award winning author David W. Gordon will discuss *The Outhouse* and the impact of the Great Depression on those who grew up during it. As if growing up amidst the Great Depression isn't difficult enough, Paul Miller is dealing with a terrifying family secret. As the pressures of the Depression mount, Paul can no longer ignore the evidence

piling up around him. The choices he makes will set him on a collision course with his family and with history. *The Outhouse* is a Depression Era coming of age story with a horrifying twist, taking readers along for a thrilling three generation mystery, exploring how far a man would go to protect the people he loves.

Tues., August 26, from 12:00 p.m.- 1:30 p.m.

Res: \$15 / Non-Res: \$20

TOWN OF NEWBURGH **RECREATION DEPARTMENT**

REFUND POLICY

We understand that illness, injuries and other conflicts may come up to force you to cancel. Please find below the refund policies for our programs, classes and rentals.

CLASSES AND PROGRAMS

We will grant full refunds for requests made ten (10) calendar days prior to the start of the program minus a \$5.00 processing fee. If cancelling LESS THAN ten (10) calendar days prior to the class/program a refund minus a \$5.00 processing fee will be granted ONLY IF a replacement can be found from the waitlist, if a waitlist exists.

Refunds due to medical reasons will be given on a pro-rated basis (if applicable) and only when accompanied by a signed doctor's note certifying an inability to participate.

TRIPS

A full refund minus a \$5.00 processing fee will be granted for trips that are canceled at least thirty (30) days prior to the date of the trip. If cancelling LESS THAN thirty (30) days prior to the trip date a refund minus a \$5.00 processing fee will be granted ONLY IF a replacement can be found from the waitlist, if a waitlist exists.

PARK

Yearly or daily Park permits and boat rental sales are all FINAL.

PAVILION RENTALS

Cancelling thirty (30) days prior to your reserved rental date you will receive a full refund minus a \$5.00 processing fee. Pavilion rentals are rain or shine. If the park is closed by order of the Town Board or Recreation Department Commissioner due to safety concerns including severe weather conditions you will receive a full refund.

DIAL-A-BUS

(845) 564-6084

This program is run by State, County and Local Funds. It is open-to-the public and you are required to call at least 48 hours in advance but typically you need to call further ahead because the service is on a first-come, first served basis and the schedule can fill up quickly. This is not a taxi service but rather a prearranged curb-to-curb service. The schedule changes daily and specific pick up and drop off times cannot be guaranteed. The operator will accommodate you the best that they can. Buses have video surveillance and are wheelchair lift equipped. This service is open to the public to and from any point in the Town of Newburgh.

The Town of Newburgh Dial-A-Bus is available during the following hours:

Monday - Friday, 8:30 a.m. to 3:30 p.m.

(***Last scheduled ride 3:00pm)

Fare: \$1.00 one way

Half Fare: \$.50 one way for **Senior/Disabled Citizens & Medicare**

Cardholders Free: Children under 6 years of age ride must be accompanied by a responsible adult with a car seat.

All children under sixteen (16) years of age must be accompanied by a responsible adult.

Dispatching:

Monday-Friday

8:00 a.m. – 12:00 p.m.

To schedule rides, please call:

(845)564-6084

In the event of inclement weather bus services will follow the closings and delays of the Newburgh Enlarged City School District.

NOTES

[illegible]



[Alice Desmond Center for Community Enrichment](#)

6 Albany Post Road Newburgh, NY 12550

Phone: 845-565-1326

Fax: 845-565-1386

Hours of Operation: Monday - Friday 8:30 a.m. - 4:30 p.m.

[Recreation Center](#)

311 Route 32 Newburgh, NY 12550

Phone: 845-564-7815

Fax: 845-564-7827

Hours of Operation: Monday - Friday 8:30 a.m. - 4:30 p.m.

[Chadwick Lake Park](#)

1702 Route 300 Newburgh, NY 12550

Ranger Station: 845-564-0608

[Contact Us](#)

Commissioner of Parks & Recreation-

Assistant to the Commissioner

Recreation Director-

Administrative Assistant-

Recreation Coordinator-

Recreation Attendant-

Recreation Aide-

Recreation Aide-

Recreation Aide-

Dial-A-Bus Dispatcher/Clerk-

Clerk-

James Presutti

Sheri Drivanos

Jason Szeli

Donna Burgess

Amanda Alberti

Shannon Mozingo

Rebecca D'Addio

Kerry Dowling

Rebecca Williams

Dawn Thompson

Bella Cruz